



JLOG Snack Calendar 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
AM	WGR = whole grain rich LS = limited sugar		1 Cheerios (WGR, LS) & Raisins Apple juice	2 Whole grain Goldfish (WGR, LS) Apple juice	3 Sunchips (WGR, LS) Apple juice
PM			Cheez-it crackers (WGR, LS) Apple juice	Honey-nut Cheerios (WGR, LS) Apple juice	Kix cereal (WGR, LS) Apple juice
AM	6 Cheez-it crackers (WGR, LS) Apple juice	7 Whole grain Goldfish (WGR, LS) Apple juice	8 Honey-nut Cheerios (WGR, LS) Apple juice	9 Teddy Grahams (WGR, LS), Apple juice	10 Cheerios (WGR, LS) & Raisins Apple juice
PM	Kix cereal (WGR, LS) Apple juice	Corn Chex (WGR, LS) Apple juice	Wheat Thin crackers (WGR, LS) Apple juice	Whole grain Goldfish (WGR, LS) Apple juice	Triscuits (and/or saltines) (WGR, LS), Apple juice
AM	13 Mini-Wheat cereal (WGR, LS), Apple juice	14 Wheat Thin crackers (WGR, LS) Apple juice	15 Cheerios (WGR, LS) & Raisins, Apple juice	16 Whole grain Goldfish (WGR, LS) Apple juice	17 Multigrain Cheerios (WGR, LS), Apple juice
PM	Sunchips (WGR, LS) Apple juice	Honey-nut Cheerios (WGR, LS) Apple juice	Kix cereal (WGR, LS) Apple juice	Honey-nut Cheerios (WGR, LS) Apple juice	Corn Chex (WGR, LS) Apple juice
AM	20 Teddy Grahams (WGR, LS), Apple juice	21 Whole grain Goldfish (WGR, LS) Apple juice	22 Multigrain Cheerios (WGR, LS), Apple juice	23 Honey-nut Cheerios (WGR, LS) Apple juice	24 Cheez-it crackers (WGR, LS) Apple juice
PM	Mini-Wheat cereal (WGR, LS), Apple juice	Wheat Thin crackers (WGR, LS) Apple juice	Teddy Grahams (WGR, LS), Apple juice	Whole grain Goldfish (WGR, LS) Apple juice	JLOG closed Friday afternoon

Summer Camp opens June 3