



# December 2018 Snack Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
AM	WGR = whole grain rich LS = limited sugar				
PM					
AM	<b>3</b> Pretzel mix (WGR,LS) Apple juice	<b>4</b> Life cereal (WGR, LS) Apple juice	<b>5</b> Wheat Thin crackers (WGR, LS) Apple juice	<b>6</b> Whole grain Goldfish (WGR, LS) Apple juice	<b>7</b> Kix cereal (WGR, LS) Apple juice
PM	Wheat Thins crackers (WGR, LS) Apple juice	Cheez-it crackers (WGR, LS) Apple juice	Cheerios (WGR, LS) & Craisins Apple juice	Mini-wheat cereal (WGR, LS) Apple juice	Graham Crackers (LS) Apple juice
AM	<b>10</b> Triscuits (WGR, LS) Apple juice	<b>11</b> Corn Chex cereal (WGR,LS) Apple juice	<b>12</b> Honey-nut Cheerios (WGR) Apple juice	<b>13</b> Whole grain Goldfish (WGR, LS) Apple juice	<b>14</b> Whole grain saltines (WGR, LS) Apple juice
PM	Cheez-it crackers (WGR, LS) Apple juice	Kix cereal (WGR, LS) Apple juice	Wheat Thin crackers (WGR, LS) Apple juice	Honey-nut Cheerios (WGR) Apple juice	<b>Closed - no afternoon care</b>
AM	<b>17</b> Whole grain Goldfish (WGR, LS) Apple juice	<b>18</b> Cheerios (WGR, LS) & Raisins Apple juice	<b>19</b> Whole grain saltines (WGR, LS) Apple juice	<b>20</b> Wheat Thin crackers (WGR, LS) Apple juice	<b>21</b> Whole grain Goldfish (WGR, LS) Apple juice
PM	Life cereal (WGR, LS) Apple juice	Wheat Thin crackers (WGR, LS) Apple juice	Honey-nut Cheerios (WGR) Apple juice	Triscuits (WGR, LS) Apple juice	Cheerios (WGR, LS) & Craisins Apple juice